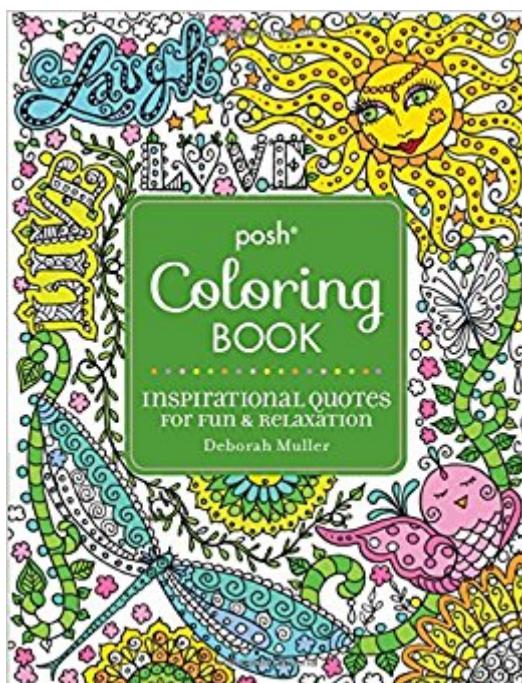


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# Posh Adult Coloring Book: Inspirational Quotes For Fun & Relaxation: Deborah Muller (Posh Coloring Books)



## Synopsis

126 beautiful affirmations to color, to empty your mind of stress and fill your heart with inspiration! Relax and meditate on positive possibilities as you color artist Deborah Muller's intricately detailed hand-drawn designs. With awesome and inspirational quotes, soothing doodles, and relaxing linework, *Posh Coloring: Inspirational Quotes* offers creativity, gratitude, and happiness on every double-sided page!

## Book Information

Series: *Posh Coloring Books* (Book 9)

Paperback: 128 pages

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Product Dimensions: 7.2 x 0.3 x 9.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 40 customer reviews

Best Sellers Rank: #248,744 in Books (See Top 100 in Books) #219 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #294 in Books > Self-Help > Art Therapy & Relaxation #475 in Books > Humor & Entertainment > Puzzles & Games > Puzzles

## Customer Reviews

Deborah Muller is an artist, illustrator, and gypsy at heart. Deborah was born in Laguna Beach, California, and lives in a quaint beachside town in Florida. She has lived abroad and continues to travel extensively, believing life is an adventure and it is important to enjoy the journey. Deborah is a graduate of the Brooks Institute and has been a full-time artist for over thirty years. She is also a pastor's wife and is currently working on her master's degree in Christian theology. Deborah has been a henna artist for fourteen years and her love for detailed henna patterns led her to develop the uniquely intricate drawing style she calls henna-doodles. Her hope is that readers find coloring her artwork a fun and inspiring experience.

My first coloring adventure with Deborah Muller was her 2016 Coloring Calendar. The calendar is definitely Christian in nature. This collection of 126 pages of designs is more universal. It certainly

includes some Christian elements but it also has quotes from others, including Ghandi, as well as just great motivational and inspirational sayings. The designs are very pretty and are fun to color. I find myself grabbing lots of colors and various medium when I sit down to color Ms. Muller's designs. There is so much going on, I feel that I can pretty well do anything as far as color is concerned and it will come out great. The designs are detailed and a good number are what I would call intricate (with some including small areas to color.) I own a couple of other books by Posh Coloring and it looks like they are (wisely, in my opinion) venturing into books based solely on a particular artist's work rather than a subject matter. I love to get a great book with a variety of a single artist's designs. *That way I know which book to grab when I am in the right mood.* The designs are printed on both sides of a medium weight non-perforated paper. The designs do not merge into the binding nor do they spread across two pages. The binding is glued rather than sewn. You can cut the pages out without losing any of the design but you will have design on both sides of the page, so you should look to see if you are cutting on the proper spot for both sides. I was able to break the spine enough to get the book to lay fairly flat. Most of the designs have finished elements on the sides and/or have a framing line that defines where the colorist can stop. I really appreciate this as it gives my project a good finished look when I am done. There are a few that are open-ended but the majority are well finished. All of my alcohol-based markers bled through the paper immediately. The water-based were rather mixed. My Tombow's did not leak through when I used the brush end. My other water-based markers did not bleed through completely but you could definitely see a shadow of the color on the backside of the page. None of my gel pens leaked through and they did not require additional drying time. My coloring pencils worked great and behaved according to their lead type (hard/soft core). If I decide to use markers other than my Tombow's, I will be giving up the design on the back of the page I am working on. If you want to color with any medium other than coloring pencils, there is a good chance you will destroy the design on the back of the page you are working on (and be sure to put a heavy weight piece of paper or card stock under your work so it won't leak through further.) These are the coloring medium that I use for testing. If there is something else you feel I should be testing, please let me know and I will see if I can add it to my growing pile: Markers: 1) alcohol-based *Copic Sketch*, Prismacolor double ended markers (brush and fine point), Sharpies (fine and ultra-fine) and 2) water-based *Tombows dual end markers* (brush and fine point), Stabilo 88, Staedler triplus fineliners, and Pentel markers. Gel Pens: Sakura, Fiskars, Uni-ball Signo 0.38/0.28 and Tekwriter. Coloring Pencils: Prismacolor Premier Soft Core, Derwent Colorsoft, Prismacolor Verithins, and Faber-Castel Polychromos

I love the designs in this book, beautiful coloring pages. Although I do not like the fact the pages are so thin and have another print on the opposite side of the page. To color in this book you have to be very delicate not to use a gel pen or markers due to bleed through to the other side and possibly messing up the picture on the opposite side. The designs are beautiful, but I personally won't be purchasing another from this company due to that.

I originally was intimidated by the pictures . Now I am really enjoying coloring in all of books in Deborah Muller's series . Double sided but a lot of enjoy . I don't photocopy so I don't care . I have purchased several for gifts also

Artist - Deborah MullerPages - 128Publisher - Andrews McMeel PublishingBookPosh has quite the catalogue of adult colouring books, each one a different theme and category, but all of a similar structure.Inspirational Quotes For Fun And Relaxation is a perfect size for using at home, at work or while travelling at 128 pages and 18.4cm x 24.1cm. The cover is a glossy, bright card with a completed design from the book coloured brightly, and with a mid-green title to stand out.The spine is lightly glue bound as well as string bound, providing extra reinforcement for wherever you may take the book.The paper is of moderate thickness and texture. I was able to achieve quite a few layers of pencil on my completed image with no trouble. I experienced no bleeding with fineliners or waterbased markers, but some shadowing. This is unfortunate as the pages are double sided. If you are using alcohol markers, this will mean sacrificing the other side of the image sadly.Images Each image features a whimsical design or character and hand lettered inspirational quote. Despite the theme, no image feels tedious or repetitive. The hand drawn images contain a unique style that feel refreshing each time you turn the page.The quotes vary from Gandhi, to common sayings, to words such as Dream and Bliss lettered and embellished with fun designs.The designs on each page vary from a cheerful owl, to a delicate dreamcatcher, to a row of plants. The styles are all drawn together by the artists wonderfully unique style of artwork!The linework is consistently medium throughout, which suits the style of images quite well. Some of the lines within the images are thinner but this is hardly noticeable within the artwork.The images are quite intricate, as the designs have quite a few areas and details to colour - but these are designed to be able to be coloured as a block rather than individually if neededHealthAs always, I think that inspirational quotes are fantastic for days when your mental health is not at its best, or when you need to be distracted from something - the words give you something else to think about and the whimsical images take you away to a happy

place. The linework and detail is such that it accommodates for varied concentration, as you can adapt the images to your level of concentration at that time. You can spend half an hour on a picture, or five hours, it's up to you! The intricacy and linework mean that those with fine motor or vision impairments may struggle with these images, but please check the images before you decide! I hope you've enjoyed this review and happy colouring!

I have bought other Posh coloring books and been very pleased with them in the past. I was really excited to get this one-- until, that is, I received it and realized several of the quotes in the book are of religious matter. This is not mentioned in the description and I'm honestly extremely surprised it wasn't. Beware, this is apparently meant to be a religious coloring book, and there are mentions of god and prayer in it. Other than those quotes, which I will unfortunately have to skip, the book is very nice and I do like the rest of the illustrations. It's different than what I would usually color, but it's a nice change! One other thing to mention is that the pictures are double-sided. Overall, I would recommend the coloring book, as long as the buyer is well aware of the religious mentions inside!!

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